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UNDERSTANDING YOUR BENEFITS

PSALM 103:1-5,8,10-13 NKJ

- 1 Bless the Lord, O my soul; And all that is within me, bless His holy name!
- 2 Bless the Lord, O my soul, And forget not all His benefits:
- 3 Who forgives all your iniquities, Who heals all your diseases,
- 4 Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies,
- 5 Who satisfies your mouth with good things, So that your youth is renewed like the eagle's.
- 6 The LORD executes righteousness And justice for all who are oppressed.
- 7 He made known His ways to Moses, His acts to the children of Israel.
- 8 The Lord is merciful and gracious, Slow to anger, and abounding in mercy.
- 10 He has not dealt with us according to our sins, Nor punished us according to our iniquities.
- 11 For as the heavens are high above the earth, So great is His mercy toward those who fear Him;
- 12 As far as the east is from the west, So far has He removed our transgressions from us.
- 13 As a father pities his children, So the Lord pities those who fear Him.

A. THE CALL TO BLESS THE LORD (V1-2)

B. THE CALL TO REMEMBER HIS BENEFITS (V3-7)

1. Forgiveness
2. Healing
3. Redemption
4. Lovingkindness
5. Tender Mercies
6. Good Things that Satisfy
7. Renewal of Your Strength
8. Delivers from Oppression
9. Reveals His Ways
10. He Acts on our Behalf

C. THE CALL TO SEE HIS HEART (V8-13)

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