

Published based on [The Body Language of Praise -- sermon outline](#)

# **The Body Language of Praise -- sermon outline**

The following is a sermon by Pastor David O. Cofield. Pastor David lives in Alabama and pastors CrossRoads Baptist Church in Elgin, Alabama.

## **The Body Language of Praise**

### **1. We will tell of His praises**

Psalm 9:14 That I may tell of all Your praise. Psalm 34: 1 I will bless the Lord at all times; His praise shall continually be in my mouth.

Psalm 51: 15 O Lord, open my lips, And my mouth shall show forth Your praise.

Psalm 71: 8 Let my mouth be filled with Your praise Isaiah 63: 7 I will mention the lovingkindnesses of the LORD And the praises of the LORD

### **2. We will sing of His praises**

II Samuel 22: 50 sing praises to Your name. Psalm 47:6-7 Sing praises to God, sing praises! Sing praises to our King, sing praises! For God is the King of all the earth; Sing praises with understanding. Psalm 59: 17 To You, O my Strength, I will sing praises; Psalm 68: 4 Sing to God, sing praises to His name; Extol Him who rides on the clouds, By His name YAH, And rejoice before Him. Psalm 92:1 101:1 135: 3 it is pleasant.

138:1 145: 21 146: 2 While I live I will praise the LORD; I will sing praises to my God while I have my being. 147:1 Praise the LORD! For it is good to sing praises to our God; For it is pleasant, and praise is beautiful.

Music gets into our spirit the quickest and deepest than any other media. Your music will always reflect your god.

### **3. We will sing new songs of praise to Him**

Psalm 33: 4 Sing to Him a new song; Play skillfully with a shout of joy.

Psalm 40:3 He put a new song in my mouth, a song of praise to our God;

Psalm 96: 1 Sing to the LORD a new song; Sing to the LORD, all the earth. Psalm 98:1 ... For He has done wonderful things,

Psalm 144: 9 I will sing a new song to You, O God; On a harp of ten strings I will sing praises to You,

Psalm 149:1-2 Praise the LORD! Sing to the LORD a new song, And His praise in the congregation of the godly ones. Let Israel be glad in his Maker; Let the sons of Zion rejoice in their King.

Isaiah 42: 10 Revelation 5: 9 And they sang a new song ....

Singing a new song comes out of our desire to sing anything that is giving praise to God for no one song can fully express the greatness of God and His worthiness to be praised.

### **4. We will praise Him with all the instruments**

II Chronicles 5: 12 Having cymbals, stringed instruments and harps, and with them one hundred and twenty priests sounding with trumpets

Psalm 147: 7 149: 3 Let them praise His name with the dance; Let them sing praises to Him with the timbrel and harp. 150: 3-5 Praise Him with the sound of the trumpet; Praise Him with the lute and harp! Praise Him with the timbrel and dance; Praise Him with stringed instruments and flutes! Praise Him with loud cymbals; Praise Him with clashing cymbals!

The word "psalm" means a song of praise accompanied by a musical instrument.

### **5. We will say "Amen"**

In Deuteronomy 27 - twelve times it says "And all the people shall say, "Amen"

Neh. 5:13 "And all the assembly said, "Amen!" and praised the LORD" Nehemiah

8: 6 And Ezra blessed the Lord, the great God. Then all the people answered, "Amen, Amen!" while lifting up their hands. And they bowed their heads and worshiped the Lord With their faces to the ground.  
PSALM106: 48 And let all the people say, "Amen!" I Corinthians 14: 16 - Paul is saying if there is not order in the service how will people know when to say "Amen." Revelation 19:4 And the twenty-four elders and the four living creatures fell down and worshiped God who sat on the throne saying, Amen! Amen!  
Saying "Amen" speaks of agreement

### **6. We will lift our hands**

Genesis 14: 22 But Abram said to the king of Sodom, "I have lifted my hand to the Lord, God Most High... Nehemiah 8: 6 ...while lifting up their hands. Psalm 28: 2 When I lift up my hands toward your holy sanctuary 63:4 134: 2 Lift up your hands in the sanctuary, and bless the Lord.  
Psalm 141: 2 The lifting up of my hands as the evening sacrifice.  
I Timothy 2:8 Therefore I desire that the men pray everywhere, lifting up holy hands...  
Lifted hands express love, surrender and receptivity to the Lord.

### **7. We will clap our hands**

Psalm 47:1 Oh, clap your hands, all you peoples!  
Psalm 98:8 and Isaiah 55:12 says the rivers and the tree of the fields clap their hands  
Clapping expresses victory and intimidates the enemy.

### **8. We will stand in praise**

II Chronicles 5: 12 And the Levites...stood at the east end of the altar...  
II Chronicles 7:6 The priests sounded trumpets opposite them while all Israel stood.  
Nehemiah 8: 5 And Ezra opened the book in the sight of all the people...and when he opened it, all the people stood up.  
Psalm 135: 2 You who stand in the house of the Lord, in the courts of the house of our God.  
Standing expresses respect and readiness in the presence of the Lord.

### **9. We will kneel and bow**

Nehemiah 8:6 And Ezra blessed the Lord, the great God. Then all the people answered, "Amen, Amen!" while lifting up their hands. And they bowed their heads and worshiped the Lord with their faces to the ground.  
Psalm 95:6 O come let us worship and bow down, Let us kneel before the Lord our Maker.  
Revelation 19: 4 And the twenty-four elders and the four living creatures fell down and worshiped God who sat on the throne, saying, "Amen! Alleluia!"  
Kneeling is an expression of humility in submission and surrender.

### **10. We will shout**

Psalm 32:11 Be glad in the Lord and rejoice, you righteous; and shout for joy, all you upright in heart. 47:1 Shout to God with the voice of triumph! For the Lord Most High is awesome; He is a great King over all the earth. 66:1 Make a joyful shout to God all the earth 81:1 95:1-2 98:4-6 Shout joyfully before the Lord, the King. 100:1 Make a joyful shout to the Lord, all you lands!  
Shouting provides a note of triumphant, rejoicing in the victory of our Lord.

### **11. We will dance**

II Samuel 6:14 And David danced before the Lord with all His might  
Psalm 30:11 You have turned for me my mourning into dancing  
Psalm 149: 3 Let them praise His name with the dance... 150:4

Dancing is a natural human expression of joy and rejoicing; an act of celebrating.

You can also find this article published on [The Body Language of Praise -- sermon outline](#), and on the tag pages [praise](#), [praising God](#), [sermon on praise](#), [ways to worship](#), [what is praise](#), [worship](#).