

Published based on [Enjoying A Clean Heart -- sermon 1 John](#)

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Enjoying A Clean Heart

The Bible is clear and offers us the blessing of cleansing of our hearts so we can enjoy a wonderful fellowship with God.

1 John 1:⁹ If we confess our sins, He is faithful and just to forgive us *our* sins and to cleanse us from all unrighteousness.

1. A CONDITION MUST BE MET

"If we confess our sins" This means we must agree with God about the true condition of our heart. It is filled with sin and in need of cleansing. It means we take responsibility for our sin. We do not blame others, we own it ourselves and are accountable to God for it.

when we sin, we can and should confess it to God! We should endeavor to maintain a confessing heart so that we can live with a cleansed heart.

2. A FORGIVENESS AND CLEANSING IS GIVEN

Notice, based on the faithfulness of God, you can be forgiven and cleansed. The whole Gospel story is the story of God taking action so that you could be forgiven and cleansed. It is your responsibility to confess and God takes responsibility from there. He forgives and He cleanses. You must stake your claim on the integrity of God that He will do what He says He will do.

The enemy will combat your mind with accusation, but you must stand on God's Word and agree with God not only about your sin, but also about your forgiveness and cleansing. This is the way, you come to enjoy the cleansed heart. To have one, yet doubt it, robs one of the joy of what he possesses.

What spot is there so dark, that the blood of Jesus cannot wash it clean? Then do not rob the Son of God of the glory he deserves by doubting the efficacy of his blood work.

3. A COMPLETENESS OF CLEANSING IS TO BE EXPECTED

God cleanses us from "all unrighteousness." We are not half-way sinners and God is not a half-way cleanser. Understand that God always does a good job of whatever He does. When He cleanses you, you are clean. Rest in the work He has done. The message of the cross is that it is a finished work, a completed work. Jesus paid it all. When God cleanses, you are clean. Go forth from the moment of confession with an assurance that is firmly rooted in the Character of God and the completeness of salvation in Christ.

You can also find this article published on [Enjoying A Clean Heart -- sermon 1 John](#), and on the tag pages [1 john 1:9](#), [1 john 10](#), [1 john 9](#), [1 john chapter](#), [1 john study](#), [clean heart](#), [cleansing](#), [confession](#), [confession church](#), [confession prayers](#), [forgiveness](#), [repentance faith](#), [sermon](#), [sermon 1 john](#), [sermons 1 john](#).